



Brimfield Township Police Department

1287 Tallmadge Rd. Kent, OH 44240

Phone: 330-673-7716 Fax: 330-678-7644 Dispatch: 330-677-1234

Physical Agility Standards

<u>Exercises</u>	<u>Time</u>	<u>Minimum Standard</u>	<u>Superior Standard</u>
1. Vertical jump	N/A	15 inches	21 inches
2. Sit-ups	1 minute	25 reps	42 reps
3. 300 meter run	N/A	75 seconds	59 seconds
4. Push-ups	1 minute	25 reps	45 reps
5. 1 ½ mile run	N/A	17 minutes	12 minutes



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Roy E. Mosley III, CLEE
Chief of Police

Physical Agility Test

Please Read Carefully

Candidates for Police Officer with the Brimfield Township Police Department who are considered for appointment to the position of Police Officer will be required to pass a physical agility test.

Any person who intends to participate in the physical agility test, or who intends to practice in preparation in such test, should first consult with his/her private physician for the purpose of determining whether or not such strenuous physical activity might be hazardous or dangerous to the life or health of such person.

Candidate's Release

I hereby release Brimfield Township, its successors, agents, employees and assigns from any and all liabilities for any injuries I might sustain or any other causes of action that may accrue to me because of my preparation for, or participation in any phase of the physical agility test.

Candidate's Signature

Date

Witness Signature

COURAGE. INTEGRITY. COMMUNITY